

PLAZAK DITUZTEN IKASTAROAK / CURSOS CON PLAZAS DISPONIBLES

	Astelehena / Lunes	Asteartea / Martes	Asteazkena / Miercoles	Osteguna / Jueves	Ostirala / Viernes
6:45		SPINNING A	SPINNING A		SPINNING A
8:00	SOINPILATES		SOINPILATES		SOINPILATES
9:00		YOGA A		YOGA A	
9:15	PILATES A		PILATES A		PILATES A
9:30		SPINTONIF (Spin)		SPINTONIF (Tonif)	SPINTONIF (Spin)
10:00	AKUAFITNESS A	AKUAFITNESS +60	AKUAFITNESS A	AKUAFITNESS +60	AKUAFITNESS E
10:30	OKI A		PILATES D		PILATES D
11:00				OKI B	
15:00	SPINPUMP (Spin)		SPINPUMP (Pump)	SPINPUMP (Spin)	
15:15	PILATES E	PILATES E		PILATES E	
16:45		STRETCHING A			
17:00	GAZTEFIT A		GAZTEFIT B		
17:30		MARRAZO	IGELA B		IGELA D
17:45		GAZTESPIN A		GAZTESPIN B	
19:30	YOGA B	YOGA D	YOGA B	YOGA D	