

2020 -2021 IKASTARO ESKAINTZA

OFERTA CURSOS 2020 - 2021

	Astelehena / Lunes	Asteartea / Martes	Asteazkena / Miercoles	Osteguna / Jueves	Ostirala / Viernes
6:45	SPINNING G	SPINNING A	SPINNING A	SPINNING G	SPINNING A
8:00	SOINPILATES		SOINPILATES		SOINPILATES
9:00		YOGA A		YOGA A	
9:15	PILATES A	PILATES B	PILATES A	PILATES B	PILATES A
9:30	SPINNING B	SPINTONIF (Spin)	SPINNING B	SPINNING B	SPINTONIF (Spin)
9:45				SPINTONIF (Tonif)	
10:00	TOTAL TR F	AKTIBA F	TOTAL TR F		AKTIBA F
10:30	OKI A		PILATES D		PILATES D
11:00	STRETCHING E		GAP A	OKI B	GAP A
11:15		PILATES N		PILATES N	
12:00	SPINNING H	SPINNING I	SPINNING J	SPINNING K	SPINNING L
14:30	BODY FIT A	BODY FIT B	BODY FIT D	BODY FIT E	BODY FIT F
15:00	SPINPUMP (Spin)	SPINNING M	SPINPUMP (Pump)	SPINPUMP (Spin)	SPINNING M
15:15	PILATES E	PILATES E	STRETCHING B	PILATES E	STRETCHING D
16:00	TOTAL TR E		TOTAL TR E		
16:45	PILATES F	STRETCHING A	PILATES F		
17:45	SPINNING D		SPINNING D		SPINNING D
18:00	TOTAL TR A	BODYPUMP	TOTAL TR A	AKTIBA E	BODYPUMP
18:30	AKTIBA A	AKTIBA B	PILATES HASTAPENA	AKTIBA D	PILATES HASTAPENA
19:15	SPINNING E	SPINNING F	SPINNING E	SPINNING F	
19:30	YOGA B	YOGA D	YOGA B	YOGA D	
20:00	TOTAL TR B	TOTAL TR D	TOTAL TR B	TOTAL TR D	
20:15	PILATES M	PILATES K	OSASUNFIT A	PILATES K	

	Astelehena / Lunes	Asteartea / Martes	Asteazkena / Miercoles	Osteguna / Jueves	Ostirala / Viernes
10:00	AKUAFITNESS A	AKUAFITNESS +60	AKUAFITNESS A	AKUAFITNESS +60	AKUAFITNESS E

PREZIOAK / PRECIOS

	ARETOAN - hilero SALA - mensual		URETAN - hilero AGUA - mensual	
	ABONATUA	EZ ABONATUA	ABONATUA	EZ ABONATUA
1 SAIO ASTEAN 1 curso semana	14,65 €	27,05 €	17,15 €	30,75 €
2 SAIO ASTEAN 2 cursos semana	29,25 €	54,10 €	34,90 €	57,10 €
3 SAIO ASTEAN 3 cursos semana	39,35 €	64,30 €		